

# Sorlien Memorial Invitational

UNIVERSITY of RHODE ISLAND

**Entries:** Entries will be done on-line at "[Directathletics.com](http://Directathletics.com)". Submit entries by 9:00pm **Tuesday** before the meet.  
**This is an "OPEN", Non-scoring meet.** **No High School age personnel will be considered.**

**Entry Fee:** \$10.00 per person to a maximum of \$300 per gender. Payable to: **University of Rhode Island.**

**Seeding:** [Plattsys.com](http://Plattsys.com) will handle seeding, timing, results and TFRRS reporting.  
Track Events: Heats will be drawn from rank order lists per NCAA procedures. Races: Slow to Fast except 200, 400.  
Preferred lanes in 200 only (5,6,4,3,2.).  
Field Events: Best performers in the last flight. Random order within flights. Opening Heights: TBA. (Suggest 6'0"/ 12'6"; 5'1", 9'0")  
Entry Limits, Scoring: Please limit entries to competitive athletes. **This is an "OPEN", Non-scoring meet.**

**Tentative TIME SCHEDULE** attached. We will attempt to tighten-up the schedule after Entries Close. We will also try to condense the field events to save time.

**Results:** Posted immediately as available. Typed results and photocopies of all event sheets will be available after the meet.  
FAX: We will fax/ email results to your SID and/or newspapers. Just give us the numbers.  
The University of Rhode Island and/ or [Plattsys.com](http://Plattsys.com) will send results to "[Directathletics.com](http://Directathletics.com)", TFRRS.

**Lockers/ Showers available:** Contact us in advance. Bring your own towels, soap and security for valuables.

## TRACK TECHNICAL INFORMATION

**Strictly Enforced - Mackal Rules: No food, beverages, gum or tobacco allowed - Strictly Enforced**

**Track Events:** 1/8" or 1/4" pyramid-type spikes **ONLY** in ALL events including High Jump. **No pin spikes or Christmas Trees.**  
All surfaces are **MONDO**, new for the 2012 season. Six 42" lanes w/ 70' radius. Eight 42" sprint/ hurdle lanes.  
Newton blocks will be provided. (**Block holders recommended**) Timing: Fully Automatic by [Plattsys.com](http://Plattsys.com).

**Field Events:** Shot/ 35#: Plywood circle. Indoor implements required. MF-style bag weights **ONLY**  
All Jump approaches: 130'+. **Important: Spikes:** 1/8" or 1/4" pyramid **ONLY** including High Jump.  
Between flights: 15 minutes or 2x on runway/circle, whichever comes first. 20 minutes between LJ-TJ, 35Wt – SP.

**Directions:** I-95 to Exit 3A, Rt 138 East. Mackal Fieldhouse is located on your left, 8-9 miles east of I-95. Use any available parking area. The main entrance is on the right side of the building as you approach.

**Practice Times:** If your team needs to practice the day before the meet, let URI Coaches know. **Locker Rooms** and showers are available. Please secure your own valuables.

**Trainers:** Available from one hour before the first event until the conclusion of the meet. Any special problems, let me know.

**Housing:** Contact Hampton Inn, South Kingstown, RI. 401-788-3500. 7.5 miles from campus. Applebee's, theater close by. Mention URI Track and Field.

**FOOD Available for team orders :** Gansett Wraps 401-792-9292/ 401-789-8989fax, SubWay: 789-4490  
**NO FOOD in MACKAL Fieldhouse**

[Sorlien Memorial Invitational](#) with Assumption, Connecticut, MIT, UMass, Rhode Island, SCSU, Stonehill, Quinnipiac - January 18, 2020 @ 11:00am

## TIME SCHEDULE

10:45am National Anthem

### ORDER of EVENTS and TIME SCHEDULE

**15 minutes or 2 warm-ups between flights and 20 minutes between events**

**\*\* Should field sizes dictate, a second throws circle may be used.**

#### FIELD EVENTS

11:00	M 35# Weight M	Cage	M Weight Throw:	Dick Hathaway, Russ Beaudette
tba	W 20# Weight	(after M35# in Cage)	W Weight Throw:	
11:00 **	W Shot		W Shot:	
tba **	M Shot	**after WWt in Cage	M Shot:	
11:00	W Long Jump		W Long Jump:	Eric Fay-Wolfe,
tba	M Long Jump	(after WLJ)	M Long Jump	
11:30	M High Jump	(Suggest 6'0")	M High Jump: Matt Hird	
tba	W High Jump	(after MHJ) (Suggest 5'1")	W High Jump:	Matt Hird
11:30	W Pole Vault	(Suggest 9'0")	W Pole Vault: Ann Rothenberg	
tba	M Pole Vault	(after WPV) (Suggest 12'6")	M Pole Vault: Ann Rothenberg	
tba	W Triple Jump	(after MLJ)	W Triple Jump:	Eric Fay-Wolfe, Kelly Fay-Wolfe
tba	M Triple Jump	(after WTJ)	M Triple Jump:	Eric Fay-Wolfe, Kelly Fay-Wolfe
			Field Referee:	Nicole Bullock

**TRACK EVENTS** Women Run First except in the Finals of the 60m Hurdles

**Track Events will run ahead of posted times if possible**

#### Estimated Start Times

11:00	5000m
11:45	DMRelay
12:30	60m Hurdle Trials
1:00	60m Dash Trials
1:20	Mile
1:50	60m Hurdle FINAL (men first)
2:05	400m
2:25	500m
2:35	60m FINAL
2:45	800m
3:05	1000m
3:15	200m
3:55	3000m
4:20	Distance Medley Relay
4:40	4x400m Relay

#### Track OFFICIALS Preliminary

Meet Director	Gina Sperry
Track Administrator:	Gina Sperry
Results/ Scorer:	Sharon Kennedy Holloy, Kat Holloy Wilhelm
Event Staff Coordinator:	Beryl Johnston
Announcer:	TBA
Scoreboard:	
Track Referee:	
Head Umpire, Inspector:	Chris DiFronzo
Starter:	Clark Lowrey
Head Clerk:	Veronica Hobbs
Head Finish Judge:	Robert Rothenberg
Officials Coordinator:	Timer: Cynthia Wynegar
Timing/ Results:	Sue Wilbur
	<a href="http://Plattsys.com">Plattsys.com</a>

**Scoring:** Non-Scoring