

Coaches Tribute Invitational

UNIVERSITY of RHODE ISLAND

Entries: Entries will be done on-line at "Directathletics.com". Submit entries by 9:00pm **Tuesday** before the meet.
This is an "OPEN", Non-scoring meet. **No High School age personnel will be considered.**

Entry Fee: \$10.00 per person to a maximum of \$300 per gender. Payable to: **University of Rhode Island.**

Seeding: **Plattsys.com** will handle seeding, timing, results and TFRRS reporting.
Track Events: Heats will be drawn from rank order lists per NCAA procedures. Races: Slow to Fast except 200, 400.
Preferred lanes in 200 only (5,6,4,3,2).
Field Events: Best performers in the last flight. Random order within flights. Opening Heights: TBA. (Suggest 6'0" 12'6"; 5'1", 9'0")
Entry Limits, Scoring: Please limit entries to competitive athletes. **This is an "OPEN", Non-scoring meet.**

Tentative TIME SCHEDULE attached.

Results: Posted immediately as available. Typed results and photocopies of all event sheets will be available after the meet.
FAX: We will fax/ email results to your SID and/or newspapers. Just give us the numbers.
The University of Rhode Island and/ or **Plattsys.com** will send results to "Directathletics.com", TFRRS.

Lockers/ Showers available: Contact us in advance. Bring your own towels, soap and security for valuables.

TRACK TECHNICAL INFORMATION

Strictly Enforced - Mackal Rules: No food, beverages, gum or tobacco allowed - Strictly Enforced

Track Events: 1/8" or 1/4" pyramid-type spikes **ONLY** in ALL events including High Jump. **No pin spikes or Christmas Trees.**

All surfaces are **MONDO**. Six 42" lanes w/ 70' radius. Eight 42" sprint/ hurdle lanes.
Newton blocks will be provided. (**Block holders recommended**) Timing: Fully Automatic by **Plattsys.com**.

Field Events: Shot/ 35#: Plywood circle. Indoor implements required. MF-style bag weights **ONLY**
All Jump approaches: 130'+. **Important: Spikes: 1/8" or 1/4" pyramid ONLY** including High Jump.
Between flights: 15 minutes or 2x on runway/circle, whichever comes first. 20 minutes between LJ-TJ, 35Wt - SP.

Directions: I-95 to Exit 3A, Rt 138 East. Mackal Fieldhouse is located on your left, 8-9 miles east of I-95. Use any available parking area. The main entrance is on the right side of the building as you approach.

Practice Times: If your team needs to practice the day before the meet, let URI Coaches know. **Locker Rooms** and showers are available. Please secure your own valuables.

Trainers: Available from one hour before the first event until the conclusion of the meet. Any special problems, let me know.

Housing: Contact Hampton Inn, South Kingstown, RI. 401-788-3500. 7.5 miles from campus. Applebee's, theater close by. Mention URI Track and Field.

FOOD Available for team orders : Gansett Wraps 401-792-9292/ 401-789-8989fax, SubWay: 789-4490. NO FOOD in MACKAL Fieldhouse

URI is pleased to host the **Coaches TRIBUTE to Bill Falk Adjusted times as of 2/8/2020**
with **Assumption, Bryant, Brown, Hartford, Holy Cross, New Hampshire, Rhode Island, Providence, Stonehill** February 8, 2020 @ 11:00am

PreMeet TIME SCHEDULE

10:15 Moment of Silence for Bill Falk John Copeland
10:30 Senior Recognition URI Men John Copeland
10:45 Senior Recognition URI Women Laurie Feit-Melnick
TBA National Anthem-follows Senior Recognition

ORDER of EVENTS and TIME SCHEDULE

15 minutes or 2 warm-ups between flights and 20 minutes between events ** Should field sizes dictate, a second throws circle may be used.

FIELD EVENTS

11:00	M 35# Weight	Cage	M Weight Throw:	Dick Hathaway, Russ Beaudette
tba	W 20# Weight	(after M 35# in Cage)	W Weight Throw: Keith Johnston, Greg Beaudette	
11:00 **	W Shot	**3:00pm on 2nd circle	W Shot:	Russell Beaudette, Greg Beaudette
tba **	M Shot	** (after WWt in cage)	M Shot:	Russell Beaudette, Greg Beaudette
11:00	W Long Jump	(Suggest MinMeas 4.90m)	W Long Jump:	Devin Clarke, Tolu Fyanjuola
tba	M Long Jump	(after WLJ) (Suggest MinMeas 6.10m)	M Long Jump:	Devin Clarke, Tolu Fyanjuola
11:30	M High Jump	(Suggest 6'0")	M High Jump: Keith Lawton, Kristen Hayes	
tba	W High Jump	(after MHJ) (Suggest 5'1")	W High Jump:	Matt Hird
11:30	W Pole Vault	(Suggest 9'0")	W Pole Vault: Anne Rothenberg	
tba	M Pole Vault	(after WPV) (Suggest 12'6")	M Pole Vault: Anne Rothenberg	
tba	W Triple Jump	(after MLJ) (Suggest MinMeas 10.00m)	W Triple Jump:	Devin Clarke, Tolu Fyanjuola
tba	M Triple Jump	(after WTJ) (Suggest MinMeas 12.75m)	M Triple Jump:	Devin Clarke, Tolu Fyanjuola
			Field Referee:	Nicole Bullock

TRACK EVENTS

Women Run First except in the Finals of the 60m Hurdles

Estimated Start Times

12:15 60m Hurdle Trials
12:45 60m Dash Trials
1:05 Mile
1:40 60m Hurdle FINAL (men first)
1:50 400m
2:10 500m
2:25 60m FINAL
2:35 800m
2:55 1000m
3:10 200m
4:05 3000m
4:40 4x800m
5:00 4x400m Relay

Track Events will run on a ROLLING SCHEDULE

OFFICIALS Preliminary

Meet Director Gina Sperry
Track Administrator: Gina Sperry
Results/ Scorer: Sharon Kennedy Hollay, Kat Hollay Wilhelm
Event Staff Coordinator: Beryl Johnston
Announcer: TBA
Scoreboard:
Track Referee: Chris DiFronzo
Head Umpire, Inspector: Janice Tetreault
Head Clerk: Veronica Hobbs
Head Finish Judge: Karen Thompson Timer: Cynthia Wynegar
Starter: Clark Lowrey
Officials Coordinator: Sue Wilbur
Timing/ Results: **Plattsys.com**

Scoring: Non-Scoring, Open Meet