

Sorlien Memorial Invitational

UNIVERSITY of RHODE ISLAND

NOTES FOR VISITING COACHES

- Entries:** Entries will be done on-line at "Directathletics.com". Submit entries by 9:00pm **Tuesday** before the meet.
This is an "OPEN", Non-scoring meet. No High School age personnel will be considered.
- Entry Fee:** \$10.00 per person to a maximum of \$300 per gender. Payable to: **University of Rhode Island.**
- Seeding:** Plattsys.com will handle seeding, timing, results and TFRRS reporting.
Track Events: Heats will be drawn from rank order lists per NCAA procedures. Races: Fast to slower.
Preferred lanes in 200 only (5,6,4,3,2).
Field Events: Best performers in the last flight. Random order within flights. Opening Heights: TBA. (Suggest 6'0"/ 12'6"; 5'1", 9'0")
Entry Limits, Scoring: Please limit entries to competitive athletes. **This is an "OPEN", Non-scoring meet.**
- Tentative TIME SCHEDULE** attached. We will attempt to tighten-up the schedule after Entries Close. We will also try to condense the field events to save time.
- Results:** Posted immediately as available. Typed results and photocopies of all event sheets will be available after the meet.
FAX: We will fax results to your SID and/or newspapers. Just give us the numbers.
The University of Rhode Island and/ or Plattsys.com will send results to "Directathletics.com", TFRRS.
- Lockers/ Showers available:** Contact us in advance. Bring your own towels, soap and security for valuables.

TRACK TECHNICAL INFORMATION

Strictly Enforced - Mackal Rules: No food, beverages, gum or tobacco allowed - Strictly Enforced

- Track Events:** 1/8" or 1/4" pyramid-type spikes **ONLY** in ALL events including High Jump. No pin spikes or Christmas Trees.
All surfaces are **MONDO**, new for the 2012 season. Six 42" lanes w/ 70' radius. Eight 42" sprint/ hurdle lanes.
Newton blocks will be provided. (Block holders recommended) Timing: Fully Automatic by Plattsys.com.
- Field Events:** Shot/ 35#: Plywood circle. Indoor implements required. MF-style bag weights **ONLY**
All Jump approaches: 130'+. **Important: Spikes: 1/8" or 1/4" pyramid ONLY** including High Jump.
Between flights: 10 minutes or 2x on runway/circle, whichever comes first. 20 minutes between LJ-TJ, 35Wt – SP.

Directions: I-95 to Exit 3A, Rt 138 East. Mackal Fieldhouse is located on your left, 8-9 miles east of I-95. Use any available parking area. The main entrance is on the right side of the building as you approach.

Practice Times: If your team needs to practice the day before the meet, let URI Coaches know. **Locker Rooms** and showers are available. Please secure your own valuables.

Trainers: Available from one hour before the first event until the conclusion of the meet. Any special problems, let me know.

Housing: Contact Hampton Inn, South Kingstown, RI. 401-788-3500. 7.5 miles from campus. Applebee's, theater close by. Mention URI Track and Field.

FOOD Available for team orders : Gansett Wraps 401-792-9292/ 401-789-8989fax, SubWay: 789-4490.

NO FOOD in MACKAL Fieldhouse

Sorlien Memorial Invitational

with
Brown, Bryant, Boston U, Providence, Rhode Island, SCSU, Stonehill, USCGA
January 20, 2018 @ 11:00am

TIME SCHEDULE

Wed-Th, January 17-18, 2018 2:00pm Heptathlon 2:00pm, 10:00am

10:45am National Anthem TBA

ORDER of EVENTS and TIME SCHEDULE

10 minutes or 2 warm-ups between flights and 20 minutes between events

** Should field sizes dictate, a second throws circle may be used. (MSP Perhaps using Two Circles: Seeded Flight in Cage, Unseeded on Infield. Finals in Cage)

FIELD EVENTS

11:00	M 35# Weight	M	Cage
tba	W 20# Weight		(after M35# in Cage)
tba **	W Shot		**11:00pm on 2nd circle or after MSP in cage @ estim230p
tba **	M Shot		**after WWt in Cage or WSP
11:00	W Long Jump		
tba	M Long Jump		(after WLJ)
11:30	M High Jump		(Suggest 6'0")
tba	W High Jump		(after MHJ) (Suggest 5'1")
11:30	W Pole Vault		(Suggest 9'0")
tba	M Pole Vault		(after WPV) (Suggest 12'6")
tba	W Triple Jump		(after MLJ)
tba	M Triple Jump		(after WTJ)

OFFICIALS

Dick Hathaway, Keith Johnston
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TBA, Rachel Amaral
Chris DiFronzo, Tolu Fayanjula
Chris DiFronzo, Tolu Fayanjula
Matt Hird
Matt Hird
Ann Rothenberg
Ann Rothenberg
Chris DiFronzo, Tolu Fayanjula
Chris DiFronzo, Tolu Fayanjula

TRACK EVENTS

Women Run First except in the Finals of the 60m Hurdles

Track Events will run ahead of posted times if possible

12:15	60m Hurdle Trials	
12:40	60m Dash Trials	
12:55	Mile	
1:15	60m Hurdle FINAL	(men first)
1:30	400m	
1:40	500m	
1:55	60m FINAL	
2:05	800m	
2:15	1000m	
2:30	200m	
2:55	3000m	
3:20	4x800m	
3:40	4x400m Relay	

OFFICIALS

Meet Director:	Gina Sperry	
Track Administrator:	Gina Sperry	
Starter:	Clark Lowrey	
Results/ Scorer:	Sharon Kennedy Hollay, Kat Hollay Wilhelm	
Head Clerk:	Veronica Hobbs	
Head Finish Judge:	Robert Rothenberg	Timer: Cynthia Wynegar
Track Referee:	Steve Croughan	
Field Referee:	Nicole Bullock	
Timing/ Results:	<u>Plattsys.com</u>	
Event Staff Coordinator:	Beryl Johnston	
Announcer:	Ethan Sobel	
Head Umpire, Inspector:	Janice Tetreault	
Scoreboard:	Evan Keith	
Officials Coordinator:	Sue Wilbur	

Scoring: Non-Scoring

Please attend future HOME MEETS.....

Friday, February 9, 2018:
Sa, Su, February 17-18, 2018

Coaches' Tribute
Atlantic 10 Championships

3:00pm-8:00pm
9:00am-4:00pm