

# **Sorlien Memorial**

UNIVERSITY of RHODE ISLAND

## **NOTES FOR VISITING COACHES**

**Entries:** Entries will be done on-line at **"Directathletics.com"**. Submit entries by 5:00pm **Thursday** before the meet.  
This is a scoring Intercollegiate meet. **No "Open" or "Unattached" personnel will be considered.**

**Entry Fee:** \$10.00 per person to a maximum of \$250 per gender. Payable to: University of Rhode Island.

**Seeding:** **Plattsys.com** will handle seeding, timing, results and TFRRS reporting.

Track Events: Heats will be drawn from rank order lists per NCAA procedures. Races: Fast to slower.  
Preferred lanes in 200 only (5,6,4,3,2).

Field Events: Best performers in the last flight. Random order within flights. Opening Heights: TBA. (Suggest 6'0", 12'6", 5'1", 9'0")

Entry Limits, Scoring: Please limit entries to competitive athletes. Scoring: Per NCAA.

**Tentative TIME SCHEDULE** attached. We will attempt to tighten-up the schedule after Entries Close. We will also try to condense the field events to save time.

**Results:** Posted immediately as available. Typed results and photocopies of all event sheets will be available after the meet.  
FAX: We will fax results to your SID and/or newspapers. Just give us the numbers.  
The University of Rhode Island and/ or **Plattsys.com** will send results to **"Directathletics.com"**, TFRRS.

**Lockers/ Showers available:** Contact us in advance. Bring your own towels, soap and security for valuables.

## **TRACK TECHNICAL INFORMATION**

**Strictly Enforced - Mackal Rules: No food, beverages, gum or tobacco allowed - Strictly Enforced**

**Track Events:** 1/8" or 1/4" pyramid-type spikes **ONLY** in ALL events including High Jump. **No pin spikes or Christmas Trees.**  
**Spike Check: Athletes using may have their spikes checked at check-in.**

All surfaces are **MONDO**, new for the 2012 season. Six 42" lanes w/ 70' radius. Eight 42" sprint/ hurdle lanes.  
Newton blocks will be provided. (Block holders recommended) Timing: Fully Automatic by **Plattsys.com**.

**Field Events:** Shot/ 35#: Plywood circle. Indoor implements required. MF-style bag weights **ONLY**  
All Jump approaches: 130'+. **Important: Spikes: 1/8" or 1/4" pyramid ONLY** including High Jump.  
Between flights: 10 minutes or 2x on runway/circle, whichever comes first. 20 minutes between LJ-TJ, 35Wt – SP.

**Directions:** I-95 to Exit 3A, Rt 138 East. Mackal Fieldhouse is located on your left, 8-9 miles east of I-95. Use any available parking area. The main entrance is on the right side of the building as you approach.

**Practice Times:** If your team needs to practice the day before the meet, let URI Coaches know. **Locker Rooms** and showers are available. Please secure your own valuables.

**Trainers:** Available from one hour before the first event until the conclusion of the meet.. Any special problems, let me know.

**Housing:** Contact Hampton Inn, South Kingstown, RI. 401-788-3500. 7.5 miles from campus. Applebee's, theater close by. Mention URI Track and Field.

**FOOD Available for team orders :** Gansett Wraps 401-792-9292/ 401-789-8989fax, Ronzio Pizza 401-782-8360. SubWay: 789-4490.  
**NO FOOD in MACKAL Fieldhouse**

# Sorlien Memorial Invitational

with  
**Boston College (w), Bryant, UConncticut, UMassDartmouth, Providence, Rhode Island**  
 January 15, 2016 @ 1:00

## Projected TIME SCHEDULE

Thursday, January 14, 2016  
 2:00pm Heptathlon 60m, Long Jump, Shot, High Jump  
 Friday, January 15, 2016  
 10:00am Heptathlon 60mHH, Pole Vault, 1000m

≈ **ORDER of EVENTS and Projected TIME SCHEDULE**  
 10 minutes or 2 warm-ups between flights and 20 minutes between events

### FIELD EVENTS

1:00	M 35# Weight		Dick Hathaway, Keith Johnston
1:00 **	W Shot	(On Second Circle )	tba
1:00	W Long Jump		Christopher DiFronzo/ Matt Hird
1:30	M High Jump	(Suggest 6'2")	Robert Pereira
1:30	W Pole Vault	(Suggest 9'0")	Ann Rothenberg
tba	W 20# Weight	(after M 35#) (Est 1:30pm)	
tba	M Long Jump	(after W Long Jump)	
tba	W High Jump	(after M High Jump) (Suggest 4'11")	
tba	M Pole Vault	(after W Pole Vault) (Suggest 13'9")	
tba	M Shot	(after W 20#) (Using two circles-Seeded Flight in cage, Unseeded on Infield circle. Finals in cage)	
tba	W Triple Jump	(after M Long Jump)	
tba	M Triple Jump	(after W Triple Jump)	

### OFFICIALS

### TRACK EVENTS

Women Run First except in the Finals of the 60m Hurdles

**Track Events will run ahead of posted times if possible**

2:15	60m Hurdle Trials	<b><u>OFFICIALS</u></b>	
2:35	60m Dash Trials	Meet Director	Gina Sperry
2:50	Mile	Track Administrator:	Gina Sperry
3:20	60m Hurdle FINAL (men first)	Starter:	Clark Lowrey
3:30	400m	Results/ Scorer:	Sharon Kennedy Hollay, Kat Hollay Wilhelm
3:50	500m	Head Clerk:	Veronica Hobbs
4:10	60m FINAL	Head Finish Judge:	Robert Rothenberg Timer: Cynthia Wynegar
4:15	800m	Track Referee:	Steve Croughan
4:35	1000m	Field Referee:	Nicole Bullock
4:55	200m	Timing/ Results:	<b><u>PlattSys.com</u></b>
5:25	3000m	Event Staff Coordinator:	Beryl Johnston
6:00	4x800m Relay	Announcer:	Ethan Sobel
6:20	4x400m Relay	Inspector:	Janice Tetreault
5:00		Scoreboard:	Evan Keith
		Officials Coordinator:	Sue Wilbur

**Please attend future HOME MEETS.....**

Sat, February 6, 2016:  
 Sat-Sun, February 20-21, 2016:

**Coaches vs Domestic Violence Invitational**  
**ATLANTIC 10 CHAMPIONSHIPS**

11:00am-5:00pm  
 9:00 am-5:00pm