CORNERSTONE-CARES.ORG

THE 29th ANNUAL SCROOGE'S SCRAMBLE

Wednesday December 25, 2019 @ 10:30am

Come join us for the 29th running of this unique 5K.

Every year the 5K benefits of the Cornerstone Foundation, Rockville, CT.
Cornerstone operates the Shelter, Teen Center, Soup Kitchen and Clothing Bank.

You may **donate** to Cornerstone in lieu of a race fee.

Donations appreciated can be in the form of cash, or a check (made out to the **Cornerstone Foundation**).

They will also accept "gently used" T-shirts, clothing, coats, canned goods, paper goods,
gift cards, and games, books and board games for the teen shelter.
For more information on their programs visit: www.cornerstone-cares.org

REGISTRATION: 9:30am to 10:25am at the Community Center:

Corner of Prospect and School Streets, Rockville, CT 06066 **www.Plattsys.com**

Costumes and canines appreciated. iPods discouraged for safety reasons.

START: 10:30am Prospect and School Streets

The 5K course will be marked with Candy Canes at mile markers 1, 2 and 3.

Professional Timing provided by Plattsys Timing - RESULTS AVAILABLE AT WWW.PLATTSYS.COM ON DEC 26

Come and join us for warmth and good cheer at the Community Center after the race. You will also be able to leave your belongings, etc at the shelter while you race.

PRINT OUT THIS APPLICATION AND MAIL TO: **PLATT SYSTEM**S 41 STEELE FARM DR MANCHESTER, CT 06042 OR BRING WITH YOU ON RACE DAY
CHECKS PAYABLE TO **CORNERSTONE FOUNDATION.** **ANY DONATION IS ACCEPTED .. REGISTER AT RUNSIGNUP.COM**

QUESTIONS: JPROMAYKO@SBCLOGBAL.NET or MLOUWHITE@COMCAST.NET

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Male ☐ Female ☐ Age: ☐

Your wish for this holiday: _____

_____ _____

Signature (Parent's signature if athlete is under 18 years of age) Date

By signing this application, I assume all risks related to my competing in this 5K including falls, contact with other participants, effects of weather, including high and low humidity, rain, ice, sleet, snow, extreme cold, wind, traffic and conditions of the roads in the towns of Vernon and Ellington. I am also in good shape to run or walk this event and sufficiently trained for this event. I also give permission for the race directors to use photos, pictures or any other record of this event. If I am under 18, my parent/ guardian has signed this form.

New Year's Day Celebration of LIfe 5K Road Race - Jan 1, 2020 - Main Street - S Windsor CT - WWW.PLATTSYS.COM