# EAST HARTFORD PARKS \& RECREATION DEPARTMENT'S 32 nd ANNUAL "RIVERFEST 5K" ROAD RACE SATURDAY, July 9, 2016 AT 8:30 AM 

## KID'S 1K FOR 12 \& UNDER STARTS AT 8:00AM

## DETAILS

STARTS \& FINISHES AT GOODWIN PARK, 1235 FORBES STREET, EAST HARTFORD
AWARDS TO THE FIRST THREE FINISHERS IN ALL DIVISIONS MALE \& FEMALE in the $5 \mathrm{~K}_{\perp}$ FIRST OVERALL MALE \& FEMALE 5K FINISHERS RECEIVE TROPHIES,
5K DIVISIONS: 14 years \& under, 15-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80-89, 90 -up
KID'S 1K - ONE DIVISION: 12 \& UNDER, AWARDS TO TOP 10 MALE \& FEMALE FINISHERS
T-SHIRTS TO ALL PRE-REGISTERED RUNNERS BY JUNE 27,
T-SHIRTS WHILE THEY LAST TO REGISTRANTS AFTER JUNE 27 AND ON RACE DAY, PARKING AT GOODWIN SCHOOL,
5K (3.1 MILE), FLAT OUT AND BACK LOOP COURSE
KID'S 1K WILL BE RUN ON MOSTLY GRASS SURFACE IN GOODWIN PARK

## ENTRY FEES

5K: $\$ 20.00$ PRE-REGISTERED BY JUNE 27 (GUARANTEED T-SHIRT), PRE-REGISTRATION BY MAIL UNTIL
FRIDAY, JUNE 27. \$25.00 AFTER JUNE 27 \& ON RACE DAY
KID'S 1K: $\$ 10.00$ PRE-REGISTERED BY JUNE 27 (GUARANTEED T-SHIRT), PRE-REGISTRATION BY MAIL UNTIL FRIDAY, JUNE 27. \$15.00 AFTER JUNE 27 \& ON RACE DAY

DAY OF RACE REGISTRATION (7am-8am AT GOODWIN SCHOOL)
PLEASE MAKE CHECKS PAYABLE TO "TOWN OF EAST HARTFORD" AND SEND TO:
EAST HARTFORD PARKS \& RECREATION DEPT., 50 CHAPMAN PLACE, BOX 1, EAST HARTFORD, CT 06108 FOR FURTHER INFORMATION CALL JIM UHRIG 860-291-7164, e-mail: juhrig@easthartfordct.gov

| NAME |  |  | AGE | D.O.B. |  | SEX |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ADDRESS |  |  |  |  |  |  |
|  | STREET | TOWN |  | STATE |  | ZIP CODE |
| TELEPHONE |  | _T-SHIRT SIZE:You | Adult S | MED. | LARGE | EXTRA LARGE |
| E-MAIL ADDRESS |  |  |  |  |  |  |
| FEE PAID: | \$20 by 6/27 | fter 6/27) (Activity \# | CASH | CHE | CK (\#) | DATE: |
| (KID'S | \$10 by 6/2 | fter 6/27) (Activity \# | CASH | CHE | CK (\#) | DATE: |

## PLEASE READ AND SIGN THE FOLLOWING WAIVER RELEASE

The Town of East Hartford Park \& Recreation Department RIVERFEST 5K involves a variety of physical activities and there is an element of risk involved which each participant must assume (including injury, disability or death . I affirm that my health is adequate and that 1 am not under a physician's care for any undisclosed condition that bears upon my fitness to participate in the program. The undersigned hereby agrees:

1. I FULLY ASSUME ALL RISKS ASSOCIATED WITH UTILIZATION OF AND PARTICIPATION IN THE RIVERFEST 5K AND AGREE NOT TO SUE AND HEREBY RELEASE THE TOWN OF East Hartford, ITS AGENTS, SERVANTS, EMPLOYEES, VOLUNTEERS, ELECTED OFFICIALS BOARDS AND COMMISSIONS (collectively "The Town"), FROM ALL LIABILITY SHOULD AN INJURY TO ME OCCUR DURING PARTICIPATION IN THE RIVERFEST 5K.
2. I, FOR MYSELF AND FOR MY HEIRS, EXECUTORS, ADMINISTRATORS, AND LEGAL REPRESENTATIVES, AGREE TO DEFEND, INDEMNIFY AND HOLD HARMLESS THE TOWN, FROM ANY AND ALL CLAIMS, SUITS OR DEMANDS BY ANYONE ARISING FROM MY USE OF OR PARTICIPATION IN THE RIVERFEST 5K
3. IF I AM A PARENT OR GUARDIAN SIGNING ON BEHALF OF A CHILD OR WARD, I MAKE THESE REPRESENTATIONS AND AGREEMENTS ON BEHALF OF MY CHILD OR WARD
I certify by my signature that $I$ have read this document carefully, understand the risks involved with RIVERFEST 5K participation and wish to continue with participation.

I give the Town of East Hartford permission to use any photographs of me or my child taken while participating in this event.
Signature Participant ___ Date
Particpant(PrintName)
Signature Parent/Legal Guardian (if under 18 years of age)

