

# PreCONFERENCE Meet

UNIVERSITY of RHODE ISLAND

**Entries:** Entries will be done on-line at "[Directathletics.com](http://Directathletics.com)". Submit entries by 9:00pm **Tuesday** before the meet.  
**This is an "OPEN", Non-scoring meet.** **No High School age personnel will be considered.**

**Entry Fee:** \$10.00 per person to a maximum of \$300 per gender. Payable to: **University of Rhode Island.**

**Seeding:** [Plattsys.com](http://Plattsys.com) will handle seeding, timing, results and TFRRS reporting.  
Track Events: Heats will be drawn from rank order lists per NCAA procedures. Races: Slow to Fast except 200, 400.  
Preferred lanes in 200 only (5,6,4,3,2).  
Field Events: Best performers in the last flight. Random order within flights. Opening Heights: TBA. (Suggest 6'0"/ 12'6"; 5'1", 9'0")  
Entry Limits, Scoring: Please limit entries to competitive athletes. **This is an "OPEN", Non-scoring meet.**

**Results:** Posted immediately as available. Typed results and photocopies of all event sheets will be available after the meet.  
FAX: We will fax results to your SID and/or newspapers. Just give us the numbers.  
The University of Rhode Island and/ or [Plattsys.com](http://Plattsys.com) will send results to "[Directathletics.com](http://Directathletics.com)", TFRRS.

**Lockers/ Showers available:** Contact us in advance. Bring your own towels, soap and security for valuables.

## TRACK TECHNICAL INFORMATION

**Strictly Enforced - Mackal Rules: No food, beverages, gum or tobacco allowed - Strictly Enforced**

**Track Events:** 1/8" or 1/4" pyramid-type spikes **ONLY** in ALL events including High Jump. **No pin spikes or Christmas Trees.**

All surfaces are **MONDO**. Six 42" lanes w/ 70' radius. Eight 42" sprint/ hurdle lanes.  
Newton blocks will be provided. (**Block holders recommended**) Timing: Fully Automatic by [Plattsys.com](http://Plattsys.com).

**Field Events:** Shot/ 35#: Plywood circle. Indoor implements required. MF-style bag weights ONLY  
All Jump approaches: 130'+. **Important: Spikes:** 1/8" or 1/4" pyramid **ONLY** including High Jump.  
Between flights: 15 minutes or 2x on runway/circle, whichever comes first. 20 minutes between LJ-TJ, 35Wt - SP.

**Directions:** I-95 to Exit 3A, Rt 138 East. Mackal Fieldhouse is located on your left, 8-9 miles east of I-95. Use any available parking area. The main entrance is on the right side of the building as you approach.

URI is pleased to host the

## PreConference Meet

Friday, February 15, 2019 @ 3:00pm

## ORDER of EVENTS and TIME SCHEDULE

**10 minutes or 2 warm-ups between flights and 20 minutes between events**

\*\* Should field sizes dictate, a second throws circle may be used.

### FIELD EVENTS

3:00	M 35# Weight	Cage	Dick Hathaway, Greg Beaudette
tba	W 20# Weight	(after M 35# in Cage) Keith Johnston, Russ Beaudette	
3:00 **	W Shot	**3:00pm on 2nd circle	Dick Hathaway, Greg Beaudette
tba **	M Shot	** (after WWt in cage)	Keith Johnston, Russ Beaudette
3:00	W Long Jump	(Suggest MinMeas 4.90m)	Devin Clarke
tba	M Long Jump	(after WLJ) (Suggest MinMeas 6.10m)	Chris DiFranzo
3:30	M High Jump	(Suggest 6'0")	Rick Lajoie
tba	W High Jump	(after MHJ) (Suggest 5'1")	Rick Lajoie
3:30	W Pole Vault	(Suggest 9'0")	Ann Rothenberg
tba	M Pole Vault	(after WPV) (Suggest 12'6")	Ann Rothenberg
tba	W Triple Jump	(after MLJ) (Suggest MinMeas 10.00m)	Devin Clarke
tba	M Triple Jump	(after WTJ) (Suggest MinMeas 12.75m)	Chris DiFranzo

### OFFICIALS Preliminary

**TRACK EVENTS** Women Run First except in the Finals of the 60m Hurdles

**Track Events will run on a ROLLING SCHEDULE**

4:00	60m Hurdle Trials	<b>OFFICIALS Preliminary</b>	Meet Director Gina Sperry
tba	60m Dash Trials	Track Administrator:	Gina Sperry
tba	Mile	Starter:	Clark Lowrey
tba	60m Hurdle FINAL (men first)	Results/ Scorer:	Sharon Kennedy Hollay, Kat Hollay Wilhelm
tba	400m	Head Clerk: Veronica Hobbs	
tba	500m	Head Finish Judge:	Robert Rothenberg Timer: Cynthia Wynegar
tba	60m FINAL	Track Referee:	Steve Croughan
tba	800m	Field Referee:	Nicole Bullock
tba	1000m	Timing/ Results:	<a href="http://Plattsys.com">Plattsys.com</a>
tba	200m	Event Staff Coordinator:	Beryl Johnston
tba	3000m	TBA	
@Note	DMR/ 4x8 (Only If Requested in Advance)	Announcer:	
tba	4x400m Relay	Head Umpire, Inspector:	Janice Tetreault
		Scoreboard: TBA	
		Officials Coordinator:	Sue Wilbur
		Head Umpire Janice Tetreault	

**Scoring:** Non-Scoring, Open Meet