

THE 41ST ANNUAL

Register on-line: www.plattsys.com

MOTHER'S DAY DASH

41st Mother's Day Dash

3.1 Mile (5K)

Fast, Flat, Measured Course

Sunday, May 11, 2014 at 9:30 a.m.

Henry Park- Vernon, CT

Race proceed will benefit the Send-A-Kid To Camp, the Vernon Teen Center, the Police Explorers and the Robert J. Bonadies Rockville High School Scholarship Fund

Mother/Child Category Info

All Mother/Son and Mother/Daughter teams must register. Mothers may run as a team with only one son OR daughter. Teams must be sent in the same envelope.

Mother's Day Dash



RACE SPONSORED BY

The Vernon Parks and Recreation Dept.



Bundy

Motors



Stop & Shop



DUNKIN' DONUTS

C & D Builders



Rockville Bank

Connecticut's Best Community Bank | *That's My Bank!*

MAIN RACE REGISTRATION

- By mail \$15.00 for Adults and \$10.00 for Children 14 and under (for Main Race)
- Race Day: \$20.00 for Adults and \$10.00 for Children 14 and under
- Registration is 8:00 a.m. To 9:15 a.m. at Henry Park.

Vernon Parks and Recreation
120 South Street
Vernon, CT 06066

Official Mother's Day Dash Entry Form

Platt Systems

41 Steele Farm Dr.
Manchester, CT 06042

Pre-registration should be postmarked no later than May 2nd. Race numbers will be distributed on race day only

Henry Park Directions

From Hartford- I-84 East to Exit 67; left under highway onto Mile Hill Rd.(Rt. 31 North) Mile Hill Road to intersection with Rt. 30; left on to Rt. 30; bear right onto South St; 1/2 mile to Henry Park on right.

From Eastern Points- I-84 West to Exit 67; right onto Mile Hill Rd. (Rt. 31 North); then follow directions given above to Henry Parks.

Please fill out and detach the form below, enclose a \$15.00 check or money order payable to the Mother's Day Dash

(Please check only one age division below, detach, and mail in)

- ☐ Girls' Youth (14 years and under)
- ☐ Boys' Youth (14 years and under)
- ☐ Girls' Juniors (15-18 years)
- ☐ Boys' Juniors (15-18 years)
- ☐ Women's open (19-29 years)

- ☐ Men's Open (19-29 Years)
- ☐ Women's Submasters (30-39 years)
- ☐ Men's Submasters (30-39 years)
- ☐ Women's Masters (40-49 years)
- ☐ Men's Veterans (60 years and up)

- ☐ Men's Masters (40-49 years)
- ☐ Women's Grandmasters (50-59 years)
- ☐ Men's Grandmasters (50-59 years)
- ☐ Women's Veterans (60 years and up)
- ☐ Men's Heroes (70 years and up)
- ☐ Women's Heroes (70 years and up)

☐ Check here if you are a mother ☐ Check here if you are running with a son or mother ☐ Check here if you are running with a mother or daughter

Please enter me as a contestant in the 41st Annual Mother's Day Dash. My entry fee of \$15.00 is enclosed. In signing this blank, I, for myself, my heirs, executors and administrators, release the Vernon Parks and Rec. Dept; Rockville Bank, Dunkin Donuts, Rein's Deli, Garden Barn, CD Builders Inc; Mr. Sparkle Car Wash, Hidden Dragon, Panda Palace, and all other sponsors from all liability in case of death or injury received as a result of participation in this run. In case of a minor (under 18), this blank must be signed by the parent or guardian of entrant.

Name _____
Address _____
City _____ State _____ Zip _____

Age _____
On day of race

Circle Gender
Male Female

Please circle T-shirt size
S M L XL
(Shirts will be on sale race day)

Signature (if minor, parent or guardian)

☐ I do not wish to participate, but I am including a donation in the amount of _____