

THE 38th ANNUAL

Register on-line: www.plattsys.com

MOTHER'S DAY DASH

38th Mother's Day Dash

3.1 Mile (5K)

Fast, Flat, Measured Course

Sunday, May 8, 2011 at 10:00 a.m.

Henry Park- Vernon, CT

Race proceed will benefit the Send-A-Kid To Camp, the Vernon Teen Center, the Police Explorers and the Robert J. Bonadies Rockville High School Scholarship Fund

**Walkers
Welcome**

FREE

Ray Crothers

Kids Race

10 & under

1/2 mile race

Mother/Child Category Info

All Mother/Son and Mother/Daughter teams must register. Mothers may run as a team with only one son OR daughter. Teams must be sent in the same envelope.

FEATURING

- **FREE T-shirt for those registered by April 22nd.**
- Prizes to the first 3 finishers in 16 divisions
- FREE raffle prizes at award ceremony (must be present)
- Runners packet stuffed with goodies
 - Refreshments at end of race
 - Music before and after race
 - Kid's Race for FREE
 - Prizes for Mother-Son and Mother-Daughter Divisions

MAIN RACE REGISTRATION

- By mail \$15.00 for Adults and \$10.00 for Children 14 and under (for Main Race)
- Race Day: \$20.00 for Adults and \$10.00 for Children 14 and under
- Registration is 8:00 a.m. To 9:30 a.m. at Henry Park.

RACE CO-SPONSORED BY

The Vernon Parks and Recreation Dept.

And JC Penny



**Bundy
Motors**

NOVEL TEES
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Journal Inquirer.com
NORTH-CENTRAL CONNECTICUT'S HOMETOWN NEWSPAPER



C & D Builders

Vernon Parks and Recreation
120 South Street
Vernon, CT 06066

Official Mother's Day Dash Entry Form

Platt Systems

41 Steele Farm Dr.

Manchester, CT 06042

Pre-registration should be postmarked no later than April 28th. Race numbers will be distributed on race day only

Henry Park Directions

From Hartford- I-84 East to Exit 67; left under highway onto Mile Hill Rd.(Rt. 31 North) Mile Hill Road to intersection with Rt. 30; left on to Rt. 30; bear right onto South St; 1/2 mile to Henry Park on right.

From Eastern Points- I-84 West to Exit 67; right onto Mile Hill Rd. (Rt. 31 North); then follow directions given above to Henry Parks.

Please fill out and detach the form below, enclose a \$15.00 check or money order payable to the Mother's Day Dash

(Please check only one age division below, detach, and mail in)

- | | | |
|--|--|---|
| ☐ Girls' Youth (14 years and under) | ☐ Men's Open (19-29 Years) | ☐ Men's Masters (40-49 years) |
| ☐ Boys' Youth (14 years and under) | ☐ Women's Submasters (30-39 years) | ☐ Women's Grandmasters (50-59 years) |
| ☐ Girls' Juniors (15-18 years) | ☐ Men's Submasters (30-39 years) | ☐ Men's Grandmasters (50-59 years) |
| ☐ Boys' Juniors (15-18 years) | ☐ Women's Masters (40-49 years) | ☐ Women's Veterans (60 years and up) |
| ☐ Women's open (19-29 years) | ☐ Men's Veterans (60 years and up) | ☐ Men's Heroes (70 years and up) |
| ☐ Kids Race ONLY (12 and under) | ☐ Kids and Main Race (check div. above) | ☐ Women's Heroes (70 years and up) |

☐ Check here if you are a mother ☐ Check here if you are running with a son or mother ☐ Check here if you are running with a mother or daughter

Please enter me as a contestant in the 38th Annual Mother's Day Dash. My entry fee of \$15.00 is enclosed. In signing this blank, I, for myself, my heirs, executors and administrators, release the Rockville Bank, Vernon Parks and Rec. Dept; Journal Inquirer, Dunkin Donuts, Rein's Deli, Garden Barn, TicketNetwork, CD Builders Inc; Mr. Sparkle Car Wash, JC Penney, Paul's Pizza, Hidden Dragon, Panda Palace, Elmo's Dockside Restaurant, Bundy Motors and all other sports from all liability in case of death or injury received as a result of participation in this run. In case of a minor (under 18), this blank must be signed by the parent or guardian of entrant.

Name _____

Address _____

City _____ State _____ Zip _____

Age _____

Circle Gender

Male Female

Please circle T-shirt size

S M L XL

(Shirts will be on sale race day)

Signature (if minor, parent or guardian)

On day of race

☐ I do not wish participate, but I am including a donation in the amount of _____