

46th ANNUAL **MOTHER'S DAY DASH 5K**

Sunday May 12, 2019 9:30am @ Henry Park

3 Easy Ways to Register!

1. ONLINE

www.plattsys.com

2. MAIL

Platt Systems
41 Steele Farm Dr.
Manchester, CT
06042

3. DAY OF RACE

8:00am-9:15am

1 PARTICIPANT INFORMATION

Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Birthdate: _____ Age (on race day): _____ Gender: _____

E-Mail: _____

2 SELECT YOUR DIVISION

☐ Youth (14 years and under)

☐ Juniors (15-18 years)

☐ Open (19-29 years)

☐ Sub-Master (30-39 years)

☐ Masters (40-49 years)

☐ Grandmasters (50-59 years)

☐ Veterans (60-69 years)

☐ Heroes (70 years and up)

----- Check if applicable -----

☐ I am a mother

☐ I am running with a son or mother

☐ I am running with a daughter or mother

All Mother/Son and Mother/Daughter teams must pre-register. Mothers may run as a team with only one son or one daughter. Teams must be sent in the same envelope.

3 CHOOSE YOUR SHIRT SIZE

☐ Small

☐ Medium

☐ Large

☐ X-Large

☐ XX-Large

FREE T-Shirt for everyone pre-registered by April 26th. Mail in registration forms must be postmarked by April 26th to qualify. Additional T-shirts will be available for purchase at the Mother's Day Dash Sunday May 12, 2019.

4 PAYMENT & WAIVER

\$10 Child Registration (14 & under)

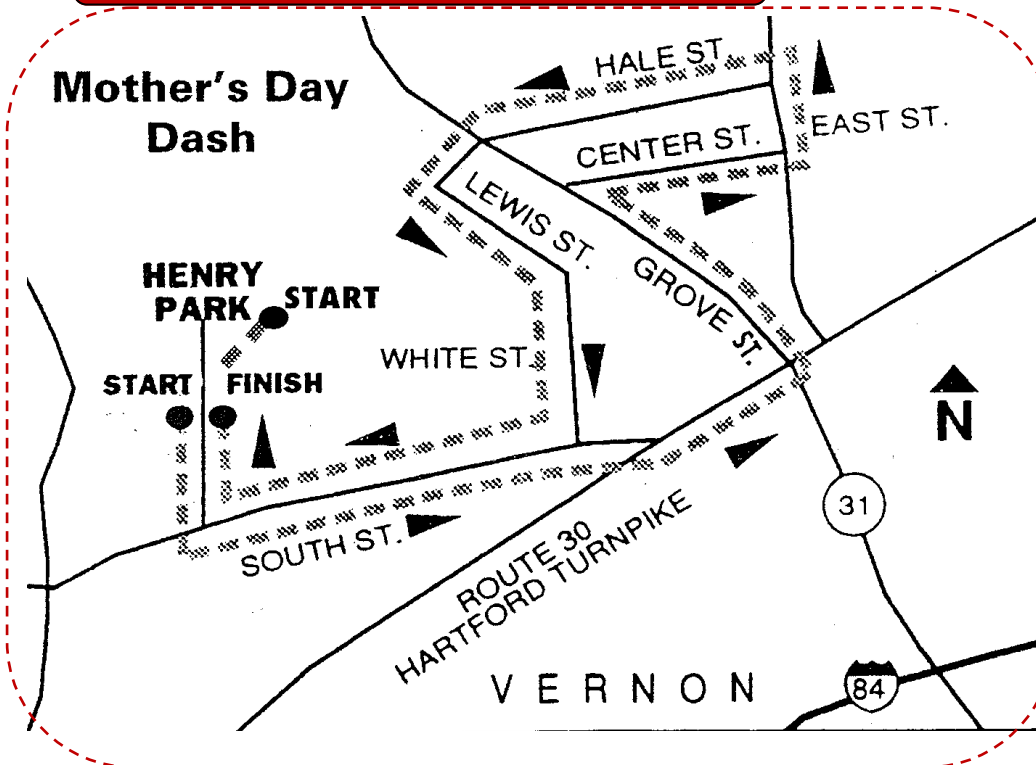
\$20 Adult Pre-Registration

\$25 Adult Day of Registration

Please enter the above person as a contestant in the Mother's Day Dash. My entry fee is enclosed. In signing this form, I, for myself, my heirs, executors and administrators, release the Vernon Parks and Recreation Department, Mother's Day Dash & all Mother's Day Dash Sponsors from all liability in case of death or injury received as a result of participation in this event. Pictures of myself or my child may be used for publicity by the Vernon Parks and Recreation Department. **In case of a minor (under 18), this form must be signed by the legal parent or guardian of entrant.**

Participant (parent if under 18) Signature: _____ Date: _____

RACE MAP



5 EVENT

COURSE: Fast Flat USATF Certified 5K Course.

LOCATION: Henry Park, 120 South Street, Vernon, CT 06066

PRIZES: Given to the top 3 finishers in 18 divisions. Prizes must be claimed at the race.

RAFFLE: Raffle tickets are drawn during the race. Winning ticket numbers will be listed on "raffle board", your prize will be waiting for you upon finishing.

RAFFLE TICKETS: Every participant receives one free raffle ticket. Additional tickets are available for purchase.

REFRESHMENTS: Refreshments provided at the end of the race.

BIB #s & TIMING: Bib numbers with timing chips may be picked up on race day between 8:00am and 9:20am

PHOTOGRAPHY: Photos by Photography on Demand.

POSTPONEMENT: In case of severe weather, information will be available on a 24 hour cancellation line; 860-870-3520

PROCEEDS: Race proceeds benefit Send A Kid to Camp Scholarship Fund, Vernon Teen Center & Vernon Police Explorers program.

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