



Hartford Track Club

The 8K Cross-Country Challenge

Saturday, November 17, 2018 at 10:00am

Where: The MDC Reservoir Complex, 1420 Farmington Ave, West Hartford, CT 06107
Course: A rolling course with gravel, trails, fields, and minor asphalt. Accurately measured to 8 Kilometers.
Facilities: Plenty of parking, three portalets

Contact Info: digitaldallas@gmail.com

Awards – Individuals - Top three male and female finishers in these divisions (USATF membership not required):
Youth (18 and under) Open (19-29) Sub-Master (30-39)
Master (40-49) Grandmaster (50-59) Senior (60+)

Awards – USATF CT Teams - Top two teams in each division below; scoring is by place:
Open Men four score, two displace Masters (40+) Men three score, two displace
Open Women four score, two displace Masters (40+) Women three score, two displace

Join at www.usatf.org before the start. Membership will be valid to at least 12/31/2018.

Entry Fee: \$10.00 on/before November 16, 2018, registration available on www.runsignup.com
or mail to Hartford Track Club, PO Box 624, Farmington CT 06034-0624
\$20.00 on race day

Directions: From I-84 take exit 39. Right at the first stop light onto Route 4 East/Farmington Ave toward West Hartford. After 2.2 miles turn left at the stop light through the MDC gates. Parking is the first left after entering the gates. Follow "Race this way" signs to registration, portalets and start.

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Name _____ Date of Birth _____ Age on 11/17/18 _____ Sex M___ / F___
Address _____ City _____ State _____ Zip _____
Phone # _____ Email _____
Emergency Contact Name/ Number _____

I acknowledge that this is a test of a person's physical limits and carries with it the potential for personal injury. I hereby assume the risk for participating in this event. I certify that I am physically fit and sufficiently trained to compete in this event. I agree not to hold responsible any person(s) involved in the organization of this event well as USATF, the MDC, the Hartford Track Club or any sponsor in the event of personal injury. I hereby affirm that I am 18 years old or older or I have had a legal guardian sign for my participation in this event.

Signature _____ Date _____ Amount Enclosed _____
(Of parent or legal guardian if under 18)

Make checks payable to: The Hartford Track Club, PO Box 624, Farmington, CT 06034-0624