

# Sunday, January 12, 2020 Development Series Meet – 1

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## MEET INFORMATION

HMS meets are open to all Hartford middle school age boys & girls competing with their City middle school team. City Recreation Programs and City Residents are assessed entry fees and must contact the meet director for details to enter.

- Doors Open at 1:00pm
- \$1.00 Entry Fee – all spectators
- Field Events begin at 2:00pm; Shot Put and Long Jump will start concurrently.
- Track Events start at 2:30pm
- The meet entries are managed by Platt Timing Systems using the website at [www.plattsys.com](http://www.plattsys.com)

## REGISTRATION:

- (1) Complete the *Team Waiver/Roster Form*. Please bring the completed form with you to the meet. You will not be able to receive your team's competition numbers without your completed waiver form.**
- (2) Follow Platt Systems On-Line Entry Procedures**
- (3) Entry Deadline is Friday, January 10 @ 9:00pm**

## **Facility:**

- Meets are held at the **Hartford Public High School Field House** (It is a four – lane 160-meter flat track, with 6 lanes on the straightaway).

## **Meet Rules:** please pay special attention to the following

- Development Meets are considered practice meets
- Athletes can compete in any combination of four events; (2) two track and (2) two field events; or (3) track and (1) field events, etc
- Maximum of six (6) entries per school per event (*exceptions may be granted for teams that exceed the limits because of roster size*)
- Athletes can wear spikes 1/8" or 3/16" spikes only

## Field Events (run concurrently) – 2:00pm

Long Jump  
Shot Put (Girls – 2K, Boys – 3K)  
High Jump

## Track Events (in order) – 2:30pm

1600m  
55m hh  
55m dash  
400m  
800m  
200m

<b>Development Meet -1</b> Sunday, January 12, 2020 Hartford Public High School 55 Forest St Hartford Doors Open @ 1:00PM	<b>Meet Director</b> Lee Hunt Phone: 860 922-5472 Email: <a href="mailto:lrjrhunt@gmail.com">lrjrhunt@gmail.com</a>
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# Order of Events

## Field Events: 2:00pm

Shot Put and Long Jump will start concurrently.

### **Long Jump** -- (Girls followed by Boys)

3 Jumps – No Finals

After 1<sup>st</sup> attempt; no attempts measured less than 10'-Girls and 12'-Boys.

### **Shot Put** -- (Boys followed by Girls)

3 Throws – No Finals

After 1<sup>st</sup> attempt - no attempts measured less than 12'-Girls and 15'-Boys.

### **High Jump** -- (Girls followed by Boys)

## Track Events: 2:30pm

Girls followed by Boys unless noted otherwise

1600m

55m

55HH

400m

800m

200m