

Coaches Tribute Invitational

UNIVERSITY of RHODE ISLAND

NOTES FOR VISITING COACHES

- Entries:** Entries will be done on-line at **"Directathletics.com"**. Submit entries by 9:00pm **Tuesday** before the meet.
This is an NCAA, Division I scoring Intercollegiate meet. No "Open" or "Unattached" personnel will be considered.
- Entry Fee:** \$10.00 per person to a maximum of \$300 per gender. Payable to: **University of Rhode Island.**
- Seeding:** **Plattsys.com** will handle seeding, timing, results and TFRRS reporting.
- Track Events: Heats will be drawn from rank order lists per NCAA procedures. Races: Fast to slower.
Preferred lanes in 200 only (5,6,4,3,2).
- Field Events: Best performers in the last flight. Random order within flights. Opening Heights: TBA. (Suggest 6'0", 12'6", 5'1", 9'0")
- Entry Limits, Scoring: This is a large meet. Please limit entries to competitive athletes. NCAA, Division I Scoring: Per NCAA.
- Tentative TIME SCHEDULE** attached. We will attempt to tighten-up the schedule after Entries Close. We will also try to condense the field events to save time.
- Results:** Posted immediately as available. Typed results and photocopies of all event sheets will be available after the meet.
FAX: We will fax results to your SID and/or newspapers. Just give us the numbers.
The University of Rhode Island and/ or **Plattsys.com** will send results to **"Directathletics.com"** , TFRRS.
- Lockers/ Showers available:** Contact us in advance. Bring your own towels, soap and security for valuables.

TRACK TECHNICAL INFORMATION

Strictly Enforced - Mackal Rules: No food, beverages, gum or tobacco allowed - Strictly Enforced

- Track Events:** 1/8" or 1/4" pyramid-type spikes **ONLY** in ALL events including High Jump. No pin spikes or Christmas Trees.
- All surfaces are **MONDO**. Six 42" lanes w/ 70' radius. Eight 42" sprint/ hurdle lanes.
Newton blocks will be provided. (Block holders recommended) Timing: Fully Automatic by **Plattsys.com**.
- Field Events:** Shot/ 35#: Plywood circle. Indoor implements required. MF-style bag weights ONLY
- All Jump approaches: 130'+. **Important: Spikes: 1/8" or 1/4" pyramid ONLY** including High Jump.
- Between flights: 10 minutes or 2x on runway/circle, whichever comes first. 20 minutes between LJ-TJ, 35Wt – SP.

Directions: I-95 to Exit 3A, Rt 138 East. Mackal Fieldhouse is located on your left, 8-9 miles east of I-95. Use any available parking area. The main entrance is on the right side of the building as you approach.

Practice Times: If your team needs to practice the day before the meet, let URI Coaches know. **Locker Rooms** and showers are available. Please secure your own valuables.

Trainers: Available from one hour before the first event until the conclusion of the meet.. Any special problems, let me know.

Housing: Contact Hampton Inn, South Kingstown, RI. 401-788-3500. 7.5 miles from campus. Applebee's, theater close by. Mention URI Track and Field.

FOOD Available for team orders : Gansett Wraps 401-792-9292/ 401-789-8989fax, SubWay: 789-4490.

NO FOOD in MACKAL Fieldhouse

URI is pleased to host the

Coaches TRIBUTE Invitational

with
AIC, Brown, Bryant, CCSU, Holy Cross(w), Merrimack, New Hampshire, Providence, URhode Island, RICollege, Stonehill, ,
UMassAmherst(w), UMassBoston, UMassDart, USCoast Guard
February 4, 2017 @ 11:00am

PreMeet TIME SCHEDULE

10:10	Senior Recognition URI Men	John Copeland
10:15	Senior Recognition URI Women	Laurie Feit-Melnick
TBA	National Anthem-follows Senior Recognition	TBA

ORDER of EVENTS and TIME SCHEDULE

10 minutes or 2 warm-ups between flights and 20 minutes between events

** Should field sizes dictate, a second throws circle may be used.

FIELD EVENTS

11:00	M 35# Weight M	Cage	
11:00 **	W Shot	** On Second Infield Circle	
11:00	W Long Jump		
11:30	M High Jump	(Suggest 6'0")	
11:30	W Pole Vault	(Suggest 9'0")	
tba	W 20# Weight	(after M 35# in Cage) (Est 1:30pm)	
tba	M Long Jump	(after W Long Jump)	
tba	W High Jump	(after M High Jump) (Suggest 5'1")	
tba	M Pole Vault	(after W Pole Vault) (Suggest 12'6")	
tba**	M Shot	(after W 20#) (Est 3:30pm) ** (Perhaps using Two Circles: Seeded Flight in Cage, Unseeded on Infield. Finals in Cage)	
tba	W Triple Jump	(after M Long Jump)	
tba	M Triple Jump	(after W Triple Jump)	

OFFICIALS

Dick Hathaway, Keith Johnston
TBA, Rachel Amaral
Chris DiFronzo, Tolu Fayanjula
Matt Hird
Ann Rothenberg

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TRACK EVENTS

Women Run First except in the Finals of the 60m Hurdles

Track Events will run ahead of posted times if possible

12:15	60m Hurdle Trials
12:40	60m Dash Trials
12:55	Mile
1:25	60m Hurdle FINAL (men first)
1:35	400m
1:55	500m
2:20	60m FINAL
2:30	800m
2:50	1000m
3:05	200m
3:35	3000m
4:20 @Note	DistanceMedleyRelay
4:45	4x400m Relay

OFFICIALS

Meet Director	Gina Sperry
Track Administrator:	Gina Sperry
Starter:	Clark Lowrey
Results/ Scorer:	Sharon Kennedy Hollay, Kat Hollay Wilhelm
Head Clerk:	Veronica Hobbs
Head Finish Judge:	Robert Rothenberg
Track Referee:	Steve Croughan
Field Referee:	Nicole Bullock
Timing/ Results:	<u>Plattsys.com</u>
Event Staff Coordinator:	Beryl Johnston
Announcer:	Ethan Sobel
Head Umpire, Inspector:	Janice Tetreault
Scoreboard:	Evan Keith
Officials Coordinator:	Sue Wilbur

Scoring: 10, 8, 6, 5, 4, 3, 2, 1 All Events

scoring 8 places

Please attend future HOME MEETS.....